

Please bring with you:

1. The referral form if you were referred by another doctor. If you self-referred, you do not need a referral form.
2. Your medical chart if there was not time to send beforehand. Please bring all test results and any original films if you are able.
3. Any medication you are taking. It is most helpful to our staff if you bring the actual bottles. However, you can make a list of all the medications you are taking. Make sure to include the name of the medication, including the generic substitution, the number of milligrams and how many times a day you are directed to take it. Also, include directions, such as “Take with food.”
4. Your health insurance identification card or other documentation of your health care insurance.
5. Your dental insurance identification card if you have a dental insurance.
6. A list of important contacts, including emergency names and phone numbers our staff members can call.
7. The name and phone number of the pharmacy, taxi services, driving services that you usually use, so our front desk personal can help you if needed and make the phone calls for you.
8. A list of questions you may have about your medical care, including your diagnosis and treatment.
9. A notebook and pen so you can write down important information

We want to make sure all of your information is entered correctly into our files. If you have all the information listed above, it will help to insure that you get the most out of your appointment.